

## Glossary

### Dementia

This is not a disease in itself but a group of symptoms that characterize certain diseases and conditions. The major symptoms involve a decline in intellectual functioning that is severe enough to interfere with routine activities. Alzheimer's disease is the most common form of dementia.

### Senile Dementia/Pre Senile Dementia

Senile dementia is a label that once applied to patients whose symptoms of dementia appear after age 65. Pre-senile dementia is a label that was applied to dementia patients who were younger than age 65. These distinctions have largely been eliminated. Today, we know there are over 150 kinds of dementia and Alzheimer's is the most common.

### Hardening of the Arteries

The correct medical term is arteriosclerosis. The dementia symptoms associated with arteriosclerosis result only when multiple cerebral infarcts (strokes) have occurred. This condition is called multi-infarct dementia and is the second-most common form.

### Lewy Body Disease (DLB)

Dementia with Lewy bodies (DLB) is the second most common form of degenerative dementia, accounting for up to 20% of cases in the elderly. It is characterized by fluctuating cognitive impairment, spontaneous parkinsonism, and recurrent visual hallucinations. Treatment choices must consider effects upon motor, cognitive, and psychiatric symptoms.

### Mild Cognitive Impairment (MCI)

Mild cognitive impairment (MCI) is a condition characterized by memory impairment with otherwise unaffected cognitive functioning. Memory loss associated with MCI is more troublesome than normal memory changes, posing greater difficulty remembering a fact after a relatively short time. A significant number of people over the age of 65 with MCI develop Alzheimer's disease (12–15% after the first year and 40% after three years) as compared to the normal population of people 65 and older (10%). MCI is a risk factor for developing AD and researchers are studying the possible relationship between the two conditions.

### Huntington's Disease

Huntington's disease is a rare hereditary disorder that usually begins in midlife but can also occur in older people. It is characterized by irregular uncontrollable movements of the limbs and facial muscles, with intellectual decline. No treatment is available to stop the progression of the disease but medication can control the movement disorders and psychiatric symptoms.

## Public Policy

### Advocacy

The Alzheimer's Family Organization supports advocacy efforts for increased funding of Alzheimer's disease research and an expansion of programs and services to assist individuals with Alzheimer's disease and caregivers through local organizations.

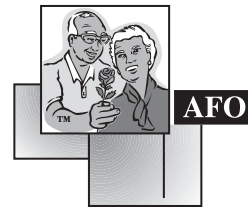
### Research

#### Organization Involvement

The Alzheimer's Family Organization is committed to the quest to find answers through research and trials. We strive to stay informed on these topics and to educate our members and the general public.

### The Future

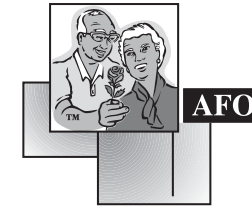
The Alzheimer's Family Organization provides many services and programs, however, many more are needed such as in-home and adult day-care services, quarterly caregiver workshops, additional staff and satellite offices. **But we need your help!** Join forces with us so we can win the war against this disease. Won't you be one of the people in our **People Helping Families**?



## Alzheimer's Family Organization

*People Helping Families*

Mail To: P.O. Box 1939  
New Port Richey, FL 34656-1939  
Telephone: 727-848-8888 • 1-888-496-8004  
Fax: 727-849-7707  
Web: [www.alzheimersfamily.org](http://www.alzheimersfamily.org)  
E-Mail: [info@alzheimersfamily.org](mailto:info@alzheimersfamily.org)  
Blog: [www.afoblog.org](http://www.afoblog.org)



## Alzheimer's Family Organization

*People Helping Families*

## Community Services & Programs

*Serving Central Florida*

#### Office Location:

7626 Congress St., New Port Richey, FL 34653

#### Mailing Address:

P.O. Box 1939, New Port Richey, FL 34656-1939

Telephone: 727-848-8888 • 1-888-496-8004

Fax: 727-849-7707

Web: [www.alzheimersfamily.org](http://www.alzheimersfamily.org)

E-Mail: [info@alzheimersfamily.org](mailto:info@alzheimersfamily.org)

Blog: [www.afoblog.org](http://www.afoblog.org)

*People Helping Families*

## Tax Deductible Contribution Membership Form

AFO needs your support to carry on all of its services including support groups, respite assistance, the newsletter, the Helpline and other activities to assist families coping with Alzheimer's disease.

YES, I would like to be a volunteer for the Alzheimer's Family Organization.

YES, I would like to support the work of the Alzheimer's Family Organization through membership, which entitles me to receive newsletters, updates on research and notification of workshops, seminars and conferences. I will also be eligible for all services and programs offered by the Organization.  
(Memberships last 12 months)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( \_\_\_\_\_ ) \_\_\_\_\_

### Enclosed is my tax deductible membership contribution of:

- |   |   |
|---|---|
| <input type="checkbox"/> \$45 Member    | <input type="checkbox"/> \$300 Corporate (organization, agency, nursing home or ALF)      |
| <input type="checkbox"/> \$75 Friend    | <input type="checkbox"/> \$500 Corporate Plus (organization, agency, nursing home or ALF) |
| <input type="checkbox"/> \$100 Sponsor  | <input type="checkbox"/> \$500 Investor   |
| <input type="checkbox"/> \$300 Lifetime | <input type="checkbox"/> \$1,000 Alzheimer's Angel  |

Enclosed is my donation of: \_\_\_\_\_.

Please dedicate my donation in honor of/in memory of: \_\_\_\_\_

### And notify:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( \_\_\_\_\_ ) \_\_\_\_\_

*Please make checks payable to the*

**Alzheimer's Family Organization**  
and mail to:

**P.O. Box 1939, New Port Richey, FL 34656-1939**

## Mission Statement

The Alzheimer's Family Organization is committed to offering educational programs and support services with assistance to caregivers, families and individuals with Alzheimer's disease and other dementia.

## Community Services

### Support Groups

AFO offers a number of conveniently located support groups throughout Central Florida. They are open to AFO members and the general public and provide support, encouragement and assistance to caregivers attempting to cope with the demands of caring for their loved one afflicted with dementia. Brochures, literature and books are available. Support group locations and times can be obtained by calling the AFO's office or visiting our website.

### Respite Care Assistance Program

The Respite Care Assistance Program provides financial assistance to AFO members and their loved ones. The caregiver arranges their own respite care services using either in-home services provided through a home health agency, a neighbor or friend, or institutionally-based short term respite, such as adult day care, A.L.F., nursing home care.

### Wanderer's Identification Program

AFO offers a free ID bracelet or pendant to members for persons suffering from dementia who may wander from home or their health care facility. A fee will be charged to non-members to cover our costs.

## Helpline

A trained person is available to respond to questions from concerned individuals calling with specific problems or seeking information on services or community resources. **Office hours are 8:30 A.M. to 4:30 P.M., Monday through Friday.** After hours, an emergency number is available; messages are recorded and returned as soon as possible. Call 727-848-8888 or 1-888-496-8004 for a free informational packet.

## Emergency Placement Directives Program

The AFO offers this service to members to help ease the minds of caregivers. It is the Emergency Placement Directives Program which allows the opportunity to ensure that in the event of an emergency to the caregiver, the dementia patient will be cared for. For further information, please call the office or stop in and see us.

### Legal H.E.L.P.

Helping the Elderly with Legal Problems (H.E.L.P.) offers free legal advice to individuals aged 60 and over in Pasco County. Call the office for details.

## Education

### Companion Newsletter

AFO members receive informational newsletters containing articles, caregiver hints, research updates, announcements of conferences or special events and support group listings.

### Speaker's Bureau

AFO provides knowledgeable speakers to make presentations on Alzheimer's disease and other related topics.

### Training/Seminars

Seminars and specialized training programs are offered to the public. Information concerning these events can be found in the newsletter or by calling the AFO office.

### ALF Dementia Specific Training

Level I and Level II training program approved by the Florida Policy Exchange Center on Aging (FPECA) for the Florida Department of Elder Affairs. Our curriculum is also available for facilities with an in-house certified trainer. Contact our office for more details.

**Community Services and Programs are partially funded through a grant from**



**Community Hospital**

**Oak Hill Hospital**

**Regional Medical Center Bayonet Point**

TOGETHER, PERFORMING AT A HIGHER STANDARD™